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## Back to School Night

Next Tuesday Evening, September 22nd is our annual "Back to School Night" event. This is an opportunity for parents to see what students are learning and to meet the staff personally. We encourage all parents to attend with their student(s) and to bring along a potluck item for dinner. Our PTSO will provide the main dish of Chicken, drinks, and dinnerware. Please bring what you would like to bring; we don't assign food items during this event and love surprises. We will take it all: salads, desserts, side dishes, etc. The evening agenda is as follows:

6:15 pm: dinner is served

6:30-7:00: principal presentation while families eat

7:00-8:00: classroom presentations by teachers

8:00-8:15: refreshments

I hope to see you all there.

## Message from the Principal

Welcome to another exciting year at MTCHS! On behalf of our staff, our MTCHS School Board, and our District Board of Trustees, I welcome each new student and family to our school community. It is a privilege to work with each of our students on a daily basis and it is a joy to watch them develop their skills, character, and work ethic. School is off to a great start and we are already nearing the halfway point of 1st quarter if you can believe that! Each month you can expect an electronic newsletter from the school. Our purpose in sending you this is to communicate and highlight important school activities, student achievement, and to inform you of upcoming school events. Please take advantage of our website; it is a wealth of information. Our school calendar is located at <http://www.mtchs.org/Calendar.aspx> and has the most updated events information on it. If you would like to receive the newsletter in another format, please call the school office and we will make arrangements with you. You may have noticed our updated website. It looks great and it was updated by our student web developers and student media artists over the summer. We, as a staff, look forward to working with all our students and our families this year. Have a great year!

# From the Counselor and Intervention Specialist

## Building Study Skills

Building study skills can not only help students in school, but also throughout life. Please consider talking with your child about the following (or better yet, let them read it for themselves):

- Many people think that studying the night before the test will help you because the material will stay fresh in your mind. That is false because cramming the night before allows you to remember some of the info, but you'll forget a lot of it. It also will leave you tired when you have to take the test the next day.
- If you think lectures are boring and all you need to do is read the book...wake up. The teacher doesn't take all of the material from books. If you pay attention in class you will exceed your expectations and remember more of the material.
- Do you ever think you don't have time for studying and you can squeeze it in from time to time? The best way to get your grades up – and keep them up – is to set a regular schedule for studying.
- "Writing papers is a nightmare". Does this come to mind when you have to write? Writing a paper can be a big project. The key is to break it down into smaller parts. One piece at a time is not so overwhelming.
- Some people think they aren't smart enough. Anyone can do it, some of us have to work a little harder, but it doesn't mean we aren't smart. Building study skills that work for you is the smartest thing that you can do. Study skills include listening in class, taking notes of important things that are being said, and looking over notes at the end of the day. Doing some of these things will lessen the amount of time you need to study for the test.

Mrs. Green and Mrs. Rule have some DVD's that can be checked out of the office if you would like more details regarding Study Skills, Test Taking Strategies, Effective Note Taking and more. We will also be presenting some of this information to all of the freshmen in their School to Work Class, starting in a few weeks.



Counselor,  
Mrs. Green



Intervention  
Specialist,  
Mrs. Rule

# What's New in Student Government?

The student store, operated by the MTCHS Student Government, will be selling Port of Subs 6" sandwiches at lunch this year. It is a healthy, delicious alternative to the normal school lunch. Port of Subs will raise money for MTCHS student events and will be sold at the unbeatable price of \$3 each! Please support your MTCHS Student Government this year by picking up a sandwich or two.

Also, Student Government will be holding elections for class officers soon. If you are interested in running for office, see Mr. Eells as soon as possible.

## PTSO News

School Beautification Day is on Saturday, October 17 from 10 a.m. until 12 p.m. This is a volunteer opportunity to come help make the school look its best. No gardening skills necessary as we are just doing weeding and trash pickup. Please bring gloves and tools. Refreshments provided! Parents, students, and family members all welcome!

Reminder: Please add the school as a community partner to your Albertson's Preferred Customer Card. See MTCHS / Parents / PTSO web site for complete details.

Our next PTSO meeting is Tuesday, October 13th from 7 p.m. until 8 p.m. at the school. Plan on attending if you want to get involved. We are still in need of a project coordinator. Contact Tess Sparhawk at (208) 250-7536 if you have questions on the project coordinator's role.



# SkillsUSA Updates

SkillsUSA is off to a great new year! Officers have been elected, class representatives are in place, meetings have begun, and planning for a great and exciting new year has started. We already have plans and dates in place for SkillsUSA Tech Parties, Fall Leadership, Tech Fair, Rummage Sale, State Conference, and many, many other activities. If you have not been involved before, it is time. Remember, all MTCHS students are members of SkillsUSA, so get involved.

If you want to get more involved in SkillsUSA, contact your class representative, a SkillsUSA officer, or a SkillsUSA advisor. SkillsUSA gives you vital experience in competing in many different technical areas. And if you win at state, Kansas City, MO, is waiting. Kansas City is awesome and you have lots of fun. There is a lot to do and you meet many cool people.

We would like to congratulate our new officers. Ryan Zimmerman is our new president and shows a desire for making Skills better. Liberty Vien is the Vice President, Chirsti Durham is the Secretary, Braeden Lieberman is the Treasurer, Dustin Hoffman is the Reporter, Celina Muli is the Historian and Jeff Trent is the Parliamentarian.

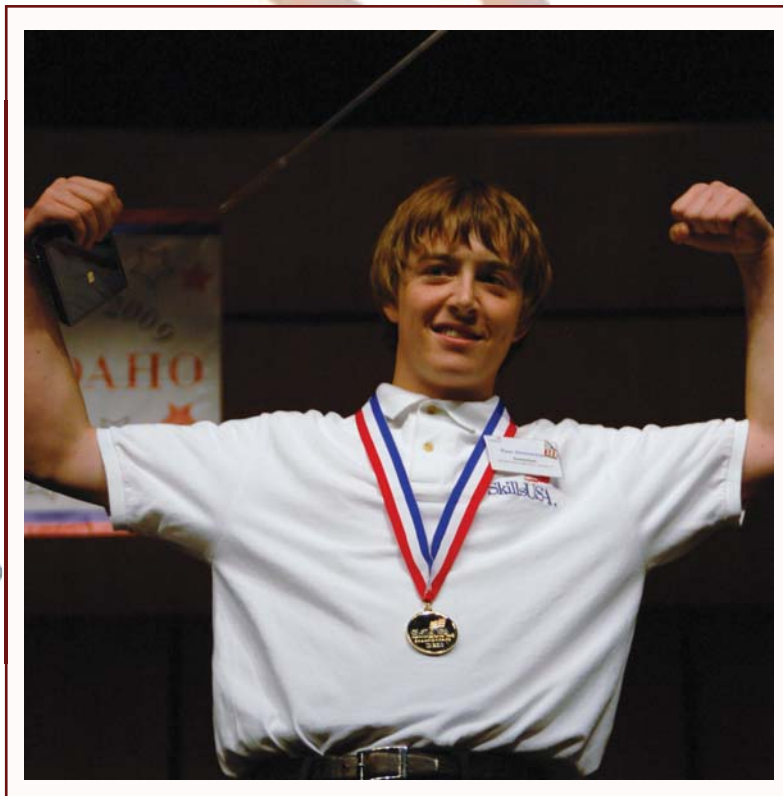
It's not too late to sign up for Skills! Please feel free to join us.

Upcoming events:

- Fall Leadership Oct 16th
- 1st Tech party Oct 30th



**SkillsUSA**  
**Champions *at* Work**®



# PowerSchools Attendance Reports/Weekly Parent Emails

Each week parents receive an email progress report with academic and attendance information about their child. Due to some technical issues in PowerSchools, we will no longer be sending attendance information in the weekly email report but will continue to send updated academic progress and grading information. Parents will need to login to PowerSchools in order to view the most updated attendance information. We apologize for any inconvenience. Please contact the school if you need assistance with PowerSchools access.

## H1N1 Flu Virus

What measures are MTCHS taking to protect against the transmission of the H1N1 virus? We do have school wide plan in place that includes wiping and cleaning doors, keyboards, and surfaces on a daily basis. We are also providing extra hand sanitizer stations throughout the school and encouraging students to use good hygiene practices. We are also asking students who have a fever of over 100 f to stay home for 24 hours after the fever breaks. For obvious reasons, if your student has symptoms of the H1N1 flu virus please keep them home and notify the school. For more education on the H1N1 virus review the following: [http://www.cdhd.idaho.gov/news/current/2009-08-21\\_foiling\\_the\\_flu.htm](http://www.cdhd.idaho.gov/news/current/2009-08-21_foiling_the_flu.htm)

